

JUGO JUICE.

SMOOTHIEOLOGY

Making smoothies is a healthy alternative for people to get their daily recommended fruits and vegetables. Experiment with tasty and healthy smoothies at home or grab a Jugo Juice when you are on the go.

1

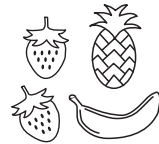
CHOOSE A BASE.

coconut water
100% real fruit juice
non fat milk
almond milk
water



2

CHOOSE WHOLE FRUIT.



berries
mango
pineapple
banana
peach
apple

★ AVOID PUREES & ADDED SUGARS

3

MAKE IT GREEN. CHOOSE FRESH UNPROCESSED VEGETABLES.



kale
spinach
swiss chard
avocado
cucumber
celery

5



BLEND & ENJOY.



4

ADD XTRA BENEFITS. SUPERFOODS MAKE IT EXTRA HEALTHY AND BENEFICIAL.

ground flax
hemp hearts
chia seeds
spirulina
chlorella
protein

